

Helen White

for Mount Albert

Kia ora

I am seeking your support to stand as your Labour candidate here in my home electorate, Mt Albert Owhairaka.

I love Mt Albert Owhairaka. I am local, **this community is where I call home** and have done so for over 30 years. I bought my first house right here in Sandringham back in 1993 where all three of my children were raised. I still live in this same place today.

I was married in Alberton, my kids attended **local kindergartens and schools**, such as Balmoral Primary and Mt Albert Grammar. Catherine, the teacher who taught my son to read also happens to be the previous owner of the beautiful home where Jacinda and Clarke are raising their daughter.

I have strong roots in the Mt Albert electorate.

I know this place the best. It is this depth of connection that will be golden to getting out the vote for Labour come October.

My family and I frequently eat in Sandringham's wonderful Indian restaurants such as Bawarchi or Paradise where Salah Mohammad and his team make my favourite malai curry with fish. Or if I'm not there, I'll likely be at Kingsland Social Club, where my youngest volunteer Ariā-Rose enjoys the sandpit or at Kind digging in to their stack of pancakes.

Yoga Ground in Grey Lynn is my weekend release after a long week, followed by a walk home stopping by the Grey Lynn market to grab a coffee, some fresh cut flowers and a cake for my mother.

Activism in Mt Albert Owhairaka

My involvement with the Mount Albert LEC started in the 1990s, in Helen Clark's time. Many of the Labour members who participated through the Clark years are still active today. I am lucky to call many of them friends. I have been **volunteering here in Mt Albert** knocking on doors, phoning and delivering leaflets for years including for Jacinda Ardern in the 2017 by-election.

My support for this community didn't stop when I became an MP

I have regularly attended the Mt Albert LEC meetings, I **represent the community** at local events like the Sandringham, Grey Lynn and Dashain festivals. Through COVID-19 I **organised a vaccination drive** at TAPAC and I have had the privilege of representing Labour to address the ANZAC service in Grey Lynn RSC. I also run an event called "Locally Left" on behalf of both electorates to bring politics into our community in an accessible way. If you haven't been, come along, it is very fun!

Background in advocacy

I have practiced employment law for more than 25 years. I became a barrister, instructed by a wide range of unions, employees, businesses and NGOs. My focus has always been on promoting work which pays a **living wage**, is reasonably **secure**, and where people can work free from discrimination and power abuse.

My work has taught me the **value of a strong union**. One of my proudest moments was winning a precedent setting case which has been **important for all workers** in New Zealand - the Golden Bay Cement case. These workers had successfully bargained for a career pathway to move from physically exhausting work to less strenuous activities over time when needed. When their employer refused to honour this. I challenged this and I enforced it.

My Current Work as a Labour MP

My experience informs my priorities as an MP. I have **written a bill** to curb the abuse of restraints of trade here in NZ. Overseas this has proven to lift both wages and productivity for workers. Also, while representing some of our most vulnerable workers I saw first hand the fear people experienced when deciding to challenge unjust conditions in their employment. This is why I have also written and submitted a bill for the anomisation of names for those involved in employment cases.

I joined the Labour Government in 2020 and have really valued the guidance and support of Jacinda Ardern and now Chris Hipkins as leaders. During my time in Parliament I have been on both the **Finance and Expenditure** and **Transport and Infrastructure** Committees. I am now very luckily to be the **Deputy Chair of Regulations and Review**.

I have focused on policy areas I consider based firmly on **Labour values**, from strengthening apartment laws meaning that the greatest investment many working people make in their lifetime is a safe one and **improving the rights of tenants and workers** which is fundamental to wellbeing.

I also have a keen interest in the services available to older people, partly because I have parents who still live independently and face the challenges associated with this.

The 2023 Campaign for Mount Albert

Building up, listening to, and respecting the party membership is incredibly important to the health of the Labour Party and to **winning the next election**. I have done this in Auckland Central building a campaign with enough manpower to share across my Auckland colleagues.

This electorate campaign needs to focus on **local issues**, from the support for those impacted by the floods, the damage to Oakley Creek path, **advocating against the cutting of important amenities**, such as the CAB or the library at Point Chev and the maintenance of our local pool (something I learnt a lot about as the Chair for the Mt Albert Aquatic Centre trust).

I am best placed to speak to these, as a local and active member of this community. **The community I call home. The community I love. Mt Albert Owhairaka.**

Ngā mihi nui,

Helen White MP



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Helen White

for Mount Albert



A Mount Albert local
of 30 years



An active member of the
Mt Albert LEC, with strong
connections in the Electorate



Speaking at the ANZAC Day
Commemoration at Grey Lynn
RSC, which I have the honour
of doing each year



A big supporter and
friend of Young Labour



I understand the local
issues and will advocate
for them

*Why you should
vote for me*